

What is peer pressure?

Pressure from a friend or peer group encouraging **YOU** to change **YOUR** attitude, behavior and/or morals, to match the group's actions, fashion sense, taste in music and television, or outlook on life.

If someone is asking you to do something that is good and won't lead to trouble they will not say things like.....

- "Everyone does it"*
- "No one will know"*
- "You're scared"*
- "Who's going to find out?"*
- "Don't be a baby"*
- "Go on I dare you"*
- "You're not a true friend"*

WRITE 5 THINGS YOU CAN SAY TO STOP PEER PRESSURE

- 1.
- 2.
- 3.
- 4.
- 5.



ROLE PLAYING

1. Bob and Mikayla walk home every day from school together and stopped by the mini mart for a Pepsi. One day Bob grabbed some Skittles and put them in his pocket. They snuck out and ran home. Soon Bob tried to convince Mikayla to grab some candy. Mikayla gives in. Act out Bob convincing Mikayla to steal.

2. Veronica and Keisha were best friends. Veronica wanted Keisha to go to a party with her at Gina's house. Gina's parents weren't going to be home and rumor was that there was going to be boys there. Veronica convinces Keisha to go. Act out Veronica convincing Keisha to go.

3. Raul and Justin were walking and Dave, not watching where he's going, accidentally bumps into Raul. Justin tries to convince Raul to kick Dave's butt. Act out the whole situation.

BE YOURSELF

No one can tell you that you are doing it wrong



That's a bit unkind. How would you feel if someone did or said that to you?"

Everyone is UNIQUE!